Name:	Date:

I.KNOWING MY FEELINGS ...

your feelings

Listening to the first part of the music I FEEL...

Happy

Sad

Angry

Tired

Scared

Shocked

Listening to the second part of the music I FEEL...

Happy

Sad

Angry

Tired

Scared

Shocked

2. LET' S THINK ABOUT RHYTHM!

During the rhythm activities I FEEL LIKE...



I CAN DO IT



I' M GETTING THERE...



I NEED HELP...

